

Morley Place Academy

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...Changing lives

World Mental Health Day Friday 10th October

Dear Parents and Carers,

On Friday 10th October, we will be marking World Mental Health Day.

To raise awareness and show our support, we would love for children (and staff!) to come to school wearing yellow. Whether it's a bright yellow t-shirt, a pair of socks, or even just a hair accessory – every splash of yellow makes a difference.

We are proud to be teaming up with Young Minds, a charity dedicated to improving children's and young people's mental health. Their campaign reminds us that more than 1 in 4 young people currently have a probable mental health condition, and many are not receiving the help they need when they need it.

We will be collecting donations for Young Minds, to help fund the vital work they do for young people across the UK. Any contribution, big or small, will go towards providing the help and hope that so many need. **Look out for the donation link on ClassDojo**.

Mental Health Practitioner at Morley Place Academy

We are also delighted to share some exciting news. From **Tuesday 14th October**, Morley Place will have a dedicated Mental Health Practitioner on site three days a week, thanks to our new partnership with Place2Be.

Place2Be is a leading children's mental health charity that provides in-school support and expert training. They offer one-to-one and group counselling, guidance for families, and a whole-school approach to mental health, helping pupils, staff, and families to build resilience and improve emotional wellbeing. We are proud to be working with them to provide additional, accessible support for our community.

More exciting updates will be shared on this soon!

Thank you for your continued support. We look forward to seeing our school filled with yellow on **Friday 10th October** as we stand united for young people's mental health.

Sincerely, Mr A Duncan Head of Academy

